

LOVING THE ME IN WE TO TRANSFORM YOUR RELATING

LEARN THE POWERFUL TOOLS & FRAMES OF
PROCESS COACHING[®] TO:

- ♥ *Free yourself from denial and judgments.*
- ♥ *Know clearly what you want in relating with others.*
- ♥ *Feel more love for yourself and others.*
- ♥ *Manifest more of what you truly want in your life.*



Sarah Hoel, MS has taught early childhood and special education, and has counseled both children and adults in a variety of settings. Also certified in Reiki level two, Sarah brings a potent blend of personal skills and resources to her Process Coaching practice. *"I love helping people discover a new way of self-exploration and healing that allows them to truly love all of themselves."*

Process Coaching is a unique approach for achieving deep emotional healing in the service of manifesting what you truly want. You will learn the powerfully effective tools and inner art of Process Coaching, a synthesis of Hypnotherapy, Neuro-Linguistic Programming, Right Use of Will, Shamanic Wisdom, Psychic Awareness, and the Intuitive Arts. As you bring the power of love and healing fully into your life, true magic and transformation happens.

Six-Session Class: Fridays, Aug. 23, Sep. 6, 20, Oct. 4, 18, Nov. 1
1:30 – 4:00 pm ~ Wenham

Cost for the class series: \$225, which includes weekly telephone check-ins,
A 240-page Process Coaching Practitioner Manual, and Healer's Practices 2-CD set.

For registration, or further information, contact: Sarah 978-304-0674

ProcessCoaching.com/Sarah