

HEAL YOUR PAIN BODY!

A SIX-CLASS SERIES WITH
LINDA CHARLES

Discover the Powerful
Self-Healing Tools of
PROCESS COACHING®



- ♥ Learn techniques to dispel the 'tormentor' in your head.
- ♥ Connect to loving Presence; the bridge to true healing.
- ♥ Dispel false beliefs that have sabotaged your manifesting ability.
- ♥ Develop self-healing methods to unlock your true magnificence.



Linda Charles is a Certified Process Coach, clairvoyant tarot card reader and certified handwriting analyst. Her background also includes hands-on healing and past life regression. Linda offers individual Process Coaching sessions and psychic readings in Sacramento. *"I love empowering others to connect more deeply with the intuition, love and serenity that is there for us all, underneath our fear and pain."*

Process Coaching offers a new approach for achieving deep emotional healing in the service of manifesting what you truly want. You will learn the powerfully effective tools and inner art of Process Coaching, a synthesis of Hypnotherapy, Neuro-Linguistic Programming, Right Use of Will, Shamanic Wisdom, Psychic

Awareness, and the Intuitive Arts.

Tuesday, Sept. 10, 24, Oct. 8, 22, Nov. 5, 19 ~ 6:30 – 9:00 pm

Location: 1770 Baines Ave, Sacramento, CA

Cost for the six-class series: \$225, which includes weekly telephone check-ins, a 240-page Process Coaching Practitioner Manual, and Healer's Practices 2-CD set.

For registration or further information, contact: Linda 916-206-0927

LindaCharles.org ~ ProcessCoaching.com